

# 2010 UNITED WAY COMMUNITY INVESTMENT REPORT



United Way  
of Knox County

*The following partner agencies received \$529,125 for 40 program investments in 2010. Below are the program outputs and outcomes they reported to United Way:*

## **Alcohol and Drug FREEDOM CENTER**

**Project WORTH (Women's Outpatient Recovery Treatment and Hope):** 34 clients successfully completed the program; four drug-free babies were born to women engaged in these services.

**Safe and Drug-Free Knox County:** 62 of 76 students participating demonstrated increased ability to control responses to anger, while 85% of participants committed to drug abstinence and demonstrated resistance skills.

**Tobacco Awareness:** All 95 elementary students participating pledged to not use tobacco at the end of a four-part tobacco risk awareness program.

## **American Red Cross of Knox County**

**Blood Services:** 5,265 units of blood were collected, an increase of 17.5% from prior year; 799 new blood donors were recruited, an increase of 31.2% from prior year.

**Community Services:** 129 individuals were provided medical transportation assistance through a volunteer driver, or a gas voucher; 97% reported that they would not have gone or made those medical appointments because of having no other transportation options; transportation driver trips experienced a 15% increase over the prior year.

**Disaster Services:** 111 individuals were provided disaster services as part of 32 family fires, 21 of those households had no insurance; 350 individuals were served at the Life Safety Expo, receiving smoke detectors, disaster kits and educational information; 2,562 units of community education were provided, exceeding the goal of 1,500 units.

## **Arthritis Foundation, Central Ohio Chapter**

**Aquatic and Land-Based Exercise Program:** 56 individuals participated in the aquatic program for a total of 5,500 units of exercise; 50 individuals participated in land-based and Tai Chi programs representing 3,742 units of exercise; 78% of exercise program participants reported decreased joint pain and stiffness and reported an increase in balance.

## **Behavioral Healthcare Partners of Central Ohio**

**Family Assessment and Intervention Program:** 22 families participated in this program, which empowered parents to build and implement their own strategies to improve behavior and school readiness; 11 of 21 families who completed the program did not have a need for further services, and 10 clients were linked with ongoing treatment services after participation in the program; Parenting Stress Index scores reflected a move from clinically significant problems to typical functioning range.

**Mental Health, Schools and families Working Together:** 68% of Danville student participants maintained or improved their grades in Spring 2010; 90% of East Knox student participants maintained or improved their grades in Spring 2010; 82 classrooms between both districts received curriculum-based intervention; East Knox classroom interventions doubled from prior year due to education on grief, loss and trauma; 76 small group sessions were held across both districts on social skills, social aggression, impulse control, and grief.

## **Muskingum Valley Council, Boy Scouts of America**

**Boy Scouts:** 167 youth, along with 126 adults were served in 2010; 21 family life merit badges were earned, up from 13 the prior year; 63% of survey respondents reported participating in Scouting activities 3-4 time per month, while 83% reported participation at least once per month; 78% of respondents indicated being physically tested because of the program.

### **Muskingum Valley Council, Boy Scouts of America (con't)**

**Cub Scouts:** 268 youth and 97 adults were served in this program; 100% of Tiger Club parents indicated they have spent one-on-one time with their son due to the program; 88% of parents indicated they had participated in affordable activities due to the program, including twilight camp, fall campout and the district-wide Pine Derby race.

**Co-Educational Program:** 35 youth and 24 adults participated last year; a new engineering Explorer Post was developed at Rolls-Royce and a law post was developed in conjunction with the Knox County Bar Association; in total, 20 youth participated in the new partnerships; 92% of those surveyed learned a new skill and 83% participated in a leadership role directly due to the program.

### **Centerburg Senior Services**

**Education and Enrichment:** 2,534 seniors were served through exercise, cards, crafts, bingo, community events, health events, trips and parties; 51% surveyed reported they take better care of themselves because of center-based activities; 35 % of respondents reported eating better and 29% reported having more energy.

### **The Compassionate Friends**

**Support Group and Outreach for Bereaved Parents:** An average of 23 participants attended monthly meetings; 225 households received newsletters each month; 12 special outings took place including organized dinners, crafting and other activities for those interested; meeting attendance increased from prior year, as well as one-on-one and phone contacts with parents new in their grief.

### **Girl Scouts of Ohio's Heartland**

**Financial Literacy:** Girls learned the importance of money management, budgeting, saving and spending wisely; of 105 girls surveyed, 93% reported learning something new; 98% felt they accomplished more working as a team; 93% reported having a better understanding of the value of money; 94% said they had a better understanding of socio-economic differences.

**In School Scouting:** 255 girls were served, 51 of which were economically disadvantaged; 99% felt a sense of accomplishment during the sessions; 96% learned about the importance of being different during the sessions.

**Traditional Troops:** 340 girls completed community service projects and participated in community events; 85% of participants in outdoor programming report an increased appreciation and respect for the natural world, increased levels of physical activity, and development in their confidence, skills and ability for outdoor survival.

### **Hospice of Knox County**

**Love Light Patient Assistance Program:** 224 patients were served, two percent of which did not have a payer source of any kind; this program provided medication, medical supplies and equipment for patients.

**Suicide Survivor Recovery Intervention:** 220 community members were served during three evenings of programs and five area schools benefitted from the guest speaker; 100% of participants reported an increased understanding of the symptoms of grief and expressed feeling supported.

### **Interchurch Social Services of Knox County**

**Food Pantry Nutritional Vouchers:** 1,238 grocery vouchers were provided to 900 Knox County families enabling them to purchase dairy products, eggs and fresh produce to increase vitamins and nutrients in their diet; in total, 2,106 children and 1,763 adults were served; of 100 survey respondents, 35% reported that before receiving the voucher it had been more than two weeks since their household purchased dairy products, while 38% reported it had been more than two weeks since produce had been purchased for their household.

### **Interchurch Social Services of Knox County (con't)**

**Financial Stability Partnership:** 43 individuals representing 33 households participated in the budget coordination program; 15 households became more financially stable and did not need to utilize emergency assistance programs for three consecutive months; 10 households created an emergency fund and nine households paid down debt.

### **Kno-Ho-Co Ashland Community Action Commission**

**Health Services/Reproductive Health Screening:** 359 pap exams were provided to women who are at or below 150% of the federal poverty level and did not have private health insurance; a reproductive health exam and breast exam was also provided to clients; 311 of these clients were new to the program; overall 415 clients were screened for STDs and 174 women had pregnancy tests with 36 positive results.

### **Knox County Head Start**

**Head Start Services:** 244 children were served last year receiving all appropriate physicals, immunizations, health and dental screenings; all 18 children identified as requiring health follow-up care received it, and 47 of 51 (92%) of children requiring dental follow-up received needed services; at year-end students experienced a 46% increase in mean score in the areas of print awareness and concepts, recognizes word as a unit of print, and identifies at least 10 letters of the alphabet especially those in own name.

**Parent Trainings:** Three Conscious Parenting six-week training sessions were held with 72 parents participating (49 Head Start parents and 23 community parents), and an 85.4% completion rate; four trainings for expectant parents and parents of infants/toddlers were held with 60 parents attending (22 from Head Start and 46 from the community).

**Quality Child Care:** Nine staff from early childhood programs other than Head Start attended Head Start sponsored trainings; 100% of providers who attended Conscious Discipline® 101 agreed that they were of benefit in caring for children and the training will help them to be more successful in their job.

**Reading is Fundamental:** 617 young children received free books through this program; 94.3% of parents surveyed indicated an increased interest in reading to their children since school started the prior year; 71% of the children had taken books home from Head Start's lending library and 91% of parents indicated they were happy with the books.

### **Knox County 4-H Planning**

**Knox County 4-H Program:** 1,188 Knox County youth participated in 4-H with the support of 227 adult volunteers; 2,167 projects were completed with 152 pre-fair awards given to 104 youth; 1,078 youth exhibited 1,859 projects at the fair; 1,817 members received "A" grades on their projects; 50 teens participated in Junior Fair Board and reported that they increased their knowledge on public speaking (66%), accepting criticism/guidance (56%), dealing with the public (54%), and taking initiative (56%).

### **Mental Health America of Knox County**

**Public Education, Outreach and Support:** 27 workplaces received packets of mental health related information and more than 4,000 Parentalk Newsletters were mailed to 785 families with young children; 18 individuals participated in a bipolar/depression support group; 16 individuals participated in a six-week divorce recovery workshop last year; participants in an ongoing divorce recovery support group reported an increased feeling of self-worth, and that they are now able to put feelings into words; they also reported that they continue to work toward relating to others in new ways since separation from their partner.

### **New Directions: Domestic Abuse Shelter of Knox County Inc.**

**Court Advocacy:** 83 women received legal advocacy services; there were 158 domestic violence charges in 2010, which resulted in 29 guilty verdicts, 44 reduced cases and 43 dismissed cases, with the remainder still pending.

### **New Directions: Domestic Abuse Shelter of Knox County Inc. (con't)**

**Rape Crisis:** 33 sexual assault survivors received information and support through this program through 74 telephone conversations and 43 in-person contacts.

**Shelter Services:** 10 families lived in the shelter for 431 family nights, 1,059 individual nights; six of these families created violence-free homes for themselves and their children; the average stay for families was 53 nights in the shelter.

### **Pathways of Central Ohio**

**2-1-1 Crisis/Hotline:** 2,687 calls were received, 560 of which pertained to a crisis and 1,213 were for information and referral services; 6,091 referrals to federal, state, county and local resources were made to callers.

### **The Salvation Army of Mount Vernon**

**Housing Assistance:** 155 rental assistance cases representing 542 individuals were completed in 2010; 140 homeless related cases representing 238 individuals were also completed; rental assistance 35% increased over prior year, while emergency housing assistance for homeless individuals was up by 10.24%.

**The Harbor Café and Family Center:** 7,472 teens and family members utilized The Harbor last year; 112 meetings were held for 1,051 youth, and 179 opportunities for recreation were provided to 5,039 individuals; 2,063 meals were provide at The Harbor, in addition to 800 that were provide for free to those who needed a hot meal; of youth participating in Harbor structured activities, 30% have earned Harbor Bucks for providing volunteer assistance in the operation of the center.

### **The Salvation Army, Centerburg Service Unit**

**Emergency Assistance:** 170 individuals received emergency assistance for utilities, medical needs, housing and car repairs; more than 100 clients received food assistance.

### **Sanctuary Community Action**

**Women's Preventative Health:** 19 of 41 (46.3%) clients seen for a pap test received assistance with their screening from United Way; 6 of 59 (10.1%) clients who utilized the mobile mammogram service received financial assistance for the service; of the 25 clients benefiting from United Way's support, 10 were new clients.

### **The Station Break**

**Transportation Program:** 25 Knox County seniors were provided transportation to activities, medical appointments and shopping establishments, even if unable to pay the suggested travel fare.

### **YMCA of Mount Vernon**

**Aquatics:** Individuals participated in family and open swim sessions 5,826 times in 2010; 409 individuals participated in swim lessons.

**Preschool:** 20 children participated in Time for Tots, 18 in Y-ABCs, and 19 in Leaping Beyond programs; 8 children received scholarships for these preschool programs.

**Scholarship Program:** 352 scholarships were awarded for memberships and program services; 111 were one-parent households; a total of \$53,320.47 was given in financial scholarship assistance, \$30,000 of which was from United Way.