

DEADLINE JUNE 1, 2010

To register, complete the form below or go to www.mvnu.edu/fyi.

Name: _____

School / Agency: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (_____) _____

E-mail: _____

(Registration confirmation will be sent to your e-mail address.)

Special Needs *(including dietary)*: _____

Full three-day registration is only \$75, if you register by June 1.

BELOW, PLEASE CIRCLE THE SESSIONS YOU PLAN TO ATTEND.

(Only circle one session per time period.)

Tuesday

10:30 a.m.-12:30 p.m. T-1 T-2 T-3 T-4 T-5
 1:30 p.m.-3:30 p.m. T-6 T-7 T-8 T-9 T-10

Wednesday

9:30 a.m.-12:00 p.m. W-1 W-2
 1:00 p.m.-3:30 p.m. W-3 W-4

Thursday

10:30 a.m.-12:30 p.m. H-1 H-2 H-3 H-4 H-5
 1:30 p.m.-3:30 p.m. H-6 H-7 H-8 H-9 H-10

Your selections will help us with room scheduling. You are not obligated to attend selected sessions, but session assignments will be determined by registration choices. Session changes will be made on a space-available basis only.

PLEASE CHECK ALL THAT APPLY

	Postmarked by June 1	Postmarked after June 1
<input type="checkbox"/> Three-day registration (includes lunch)	\$75	\$90
For those who want to attend only one day (includes lunch)		
<input type="checkbox"/> I want to attend Tuesday sessions	\$30	\$35
<input type="checkbox"/> I want to attend Wednesday sessions	\$30	\$35
<input type="checkbox"/> I want to attend Thursday sessions	\$30	\$35

Total Enclosed: \$ _____

I am paying by:

Check Agency PO (please attach)

No credit card payment accepted at the door. Credit card payments are accepted online only. Registration is not complete without payment or invoice information. No-shows will not be refunded. Fax a purchase order or invoice with payment information to Teresa Zuercher at (740) 392-7783. Pre-registration by June 1 is necessary to ensure receiving lunch, giveaways, and first choice of sessions. If you want college credit, the cost is \$200 and is payable on the opening day of the conference. A representative from MVNU will be available to accept payment and complete paperwork.

PLEASE RETURN COMPLETED REGISTRATION FORM WITH YOUR PO OR CHECK MADE PAYABLE TO MVNU TO:

Teresa Zuercher
 Mount Vernon Nazarene University
 800 Martinsburg Road
 Mount Vernon, OH 43050

FYI

FYI is a fantastic opportunity to gain valuable insight, earn continuing education credits (or one hour of college credit) at the right price in your own backyard.

**Pass the word - FYI...
 This is something you don't want to miss!**

WHO SHOULD ATTEND

The FYI Conference is for anyone working with youth, including:

- Teachers of all grade levels
- Guidance counselors
- Court workers
- Social workers
- Scout leaders
- Church youth directors
- School administrators

COLLEGE CREDIT OFFERED

Mount Vernon Nazarene University credit is available for this workshop. Cost is \$200 for one (1) graduate education credit. A representative from MVNU will be available on the first day of the conference to accept payment (cash or check only; no credit cards accepted) and complete paperwork. Registrant must also be registered for the FYI Conference and pay conference registration fee. To receive graduate education credit, a person must attend all three days of the conference, the keynote session, and a morning and afternoon session in their entirety. Daily attendance must be documented on required form which will be provided in the registration packet on the first day of the conference. Contact Graduate Registrar for information about graduate education credit at (740) 397-9000, extension 4710.

CEU

Continuing Education Credit (CEU) has been applied for through the Ohio Counselor, Social Worker and Marriage & Family Therapist Board for social workers and counselors only. Up to 15 CEUs may be available.

PLANNING COMMITTEE

- Lynn Agapi-Gilligan** - Moundbuilders Guidance Center
- Karen Boyd** - Mount Vernon Nazarene University
- Aimee Frye** - Knox County Dept. of Job & Family Services
- Michelle Mann** - Centerburg Schools
- Nancy Omahan** - Family and Children First Council
- Kelly Pack** - Rehabilitation Services of North Central Ohio
- Sean Ries** - The Village Network
- Lisa Rutter** - United Way of Knox County
- Teresa Zuercher** - Mount Vernon Nazarene University

Conference rooms are traditionally cool; please dress accordingly. Four buildings are used for the conference, so remember to bring an umbrella in case of rain.

For questions regarding the FYI Conference, please contact Teresa Zuercher at MVNU, (740) 397-9000, ext. 3700



Register Online!

www.mvnu.edu/fyi
 Deadline: June 1

**FOCUSING ON YOUTH ISSUES
 JUNE 15-17, 2010**

Jetter School of Business
 Mount Vernon Nazarene University
 800 Martinsburg Road, Mount Vernon

**COMMENTS FROM
 2009 CONFERENCE**

- "Superior! Outstanding!"
- "Wide range of interesting and relevant topics."
- "Fresh, different, learned something every day."
- "Easy access, quiet atmosphere, relaxed learning environment."
- "Many training options for very little money."
- "Well organized, good information, and great setting."
- "Very informative speakers and topics."
- "Presenters are very knowledgeable."
- "Easy parking, convenient."

CONFERENCE HIGHLIGHTS

- 22 sessions from which to choose
- A great opportunity to earn 15 CEUs
- Continental breakfast
- Comfortable "table" seating
- Great networking opportunity
- College credit available
- Lunch included all three days
- Not far to drive
- Lots of parking
- Relevant topics
- Excellent professional development experience

SPONSORED BY:



Tuesday, June 15, 2010

Registration: 8-9 A.M. - Location: Jetter School of Business, Room 133
(Continental Breakfast Provided)

OPENING SESSION 9:00-10:15 A.M.**Professional Boundaries**

Understand the limits that workers must utilize in their helping relationships. Through the use of actual case examples, professional "helpers" will better understand the core skills needed in maintaining ethical relationships.

David Zidar, LISW

MORNING SESSION 10:30 A.M.-12:30 P.M. - CHOOSE ONE**T-1 Interventions with Children Who Lie and Steal**

Understand the "function" of why some foster children lie or steal, the type of interventions that work best, and the development of empathy for these children.

David Zidar, LISW

T-2 How to Stay Sane Teaching Kids to Behave

Capstone Enrichment Center is an intensive day treatment program serving severely emotionally disturbed children. Participants will learn about positive incentives to improve behavior in school through the use of humor, experiential, and other creative interventions.

Amy Bings, MSW, LISW-S
Lisa Shea, LSW

Nicholas Gotschall, MA, PCC
Capstone Enrichment Center

T-3 Meeting the Needs of Culturally Diverse Students

Participants will explore the impact of cultural differences and how culture plays out in the classroom and in other settings.

Jeanette Pelton, LISW-S

Knox County Department of Job and Family Services

T-4 Focusing the Mind: Attention, Memory, and the Brain

The session will focus on using brain research to support children in developing attention and memory. Teachers, parents, social workers, and other youth workers will find methods to increase executive functions.

Caroline Maurer, Ph.D.

Mount Vernon Nazarene University

T-5 John's Journey

Gain a better understanding about the homeless "people problem" in the United States through the sharing of one man's personal journey. Learn to increase the "bounce back/hope for the future" skill set needed in helping others overcome obstacles.

John C. Simmons, Chaplain, Lt. Colonel,
United States Air Force (Retired)

BOXED LUNCH 12:30 - 1:30 P.M.**AFTERNOON SESSION 1:30 - 3:30 P.M. - CHOOSE ONE****T-6 Understanding Self-Mutilating Behavior**

Mutilating, cutting, burning, and other forms of self-injurious behavior by youth are often perceived by professionals and others as suicide related behaviors. This session will help in understanding that such behaviors are often the result of past trauma or abuse. Participants will explore the causes and scope of these behaviors and learn ways to intervene.

David Zidar, LISW

T-7 Live Panel: Young Adults' Perspective of Foster Care

Gain a better understanding of the foster care system, the impact of foster care placement on the child and family, and the long-term effects.

Jana Shira, MS, LPC

Knox County Department of Job and Family Services

T-8 Can Adolescents Really Be Drug Addicts?

Learn about the progression and symptoms of addiction for adolescent substance abuse, and identify behaviors that could be a result of adolescent substance abuse.

Lori Wenner, LSW, LICDC

The Sheryl L. Kraner, Esq., Youth and Family Behavioral Health Campus

T-9 I Didn't Plan a Second Family, but ...

An increasing number of grandparents are raising one or more of their grandchildren. This session explores the challenges faced by children and grandparents, and what school personnel and others can do to help these families.

Jeanette Pelton, LISW-S

Knox County Department of Job and Family Services

T-10 The World Wide Web: The 21st Century's Wild West

Like the late 19th and early 20th centuries, the world is quickly changing. This session will educate teachers, counselors, social workers, parents, and other youth workers to recognize the dangers of the Internet for youth.

Richard Warner

Ohio Attorney General's Office, Bureau of Criminal Identification and Investigation

Wednesday, June 16, 2010

Registration: 8-9 A.M. - Location: Jetter School of Business, Room 133
(Continental Breakfast Provided)

OPENING SESSION 9:00-9:20 A.M.**The Local Picture of Poverty**

According to the U.S. Census Bureau data from 2000 to 2007, about 13.1 percent of Ohioans are living in poverty. Ohio ranks 19th among states (from highest to lowest) in poverty levels. More than a half-million Ohio children, or about 18.5 percent, under age 18 are living in poverty. Wednesday sessions will focus on increasing an understanding of the impact of poverty on children and families.

Peg Tazewell, Executive Director, Knox County Head Start, Inc. and Chair, Knox County Family and Children First Council

MORNING SESSION 9:30 A.M.-12:00 P.M. - CHOOSE ONE

Instructions for Wednesday: Each registrant will participate in one Poverty Simulation session and one *Bridges Out of Poverty* session. If a registrant chooses to attend the Poverty Simulation session in the morning (W-1), then select the *Bridges Out of Poverty* session in the afternoon (W-4). If a registrant chooses to attend the *Bridges Out of Poverty* session in the morning (W-2), then select the Poverty Simulation session in the afternoon (W-3).

The FYI Conference organizers reserve the right to modify individual session selections in order to meet space restrictions and to maintain balance between the morning and afternoon sessions.

W-1 Poverty Simulation (Select W-4 for afternoon session.)

Location: Donoho Recreation Center

The Community Action Poverty Simulation is a unique, interactive experience that helps individuals begin to understand what life is like with a shortage of money and an abundance of stress. The simulation is based on the Missouri Community Action model. The Poverty Simulation will move people to think about the harsh realities of poverty and to talk about how communities can address the problem collectively. Most importantly, it encourages people to make a difference.

Facilitators:

Amanda Cowgill, National Service Coordinator:

AmeriCorps VISTA

Harmony Cox, National Service Coordinator:

AmeriCorps State

Co-facilitators:

Kelsey Raines, AmeriCorps VISTA Leader

Rachel L. Diskin, AmeriCorps VISTA Leader,

Ohio Association of Second Harvest Foodbanks

W-2 Bridges Out of Poverty (Select W-3 for afternoon session.)

Location: Jetter School of Business, Room 133

Based in part on Dr. Ruby Payne's *A Framework for Understanding Poverty*, *Bridges Out of Poverty* reaches out to the millions of service providers and businesses whose daily work connects them with the lives of people in poverty. This abbreviated presentation of *Bridges Out of Poverty* will encourage participants to acknowledge and explore their mental model of poverty and understand how it influences daily living and work. Participants will examine existing research about poverty and hidden rules of those living in poverty. **Zach Reat, Central Ohio Regional Coordinator,**
Ohio Association of Second Harvest Foodbanks

BOXED LUNCH 12:00 - 12:45 P.M.**AFTERNOON SESSION 1:00 - 3:30 P.M. - CHOOSE ONE****W-3 Poverty Simulation (Repeat of W-1 morning session.)**

Location: Donoho Recreation Center

The Community Action Poverty Simulation is a unique, interactive experience that helps individuals begin to understand what life is like with a shortage of money and an abundance of stress. The simulation is based on the Missouri Community Action model. The Poverty Simulation will move people to think about the harsh realities of poverty and to talk about how communities can address the problem collectively. Most importantly, it encourages people to make a difference.

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AmeriCorps State

Co-facilitators:

Kelsey Raines, AmeriCorps VISTA Leader

Rachel L. Diskin, AmeriCorps VISTA Leader,

Ohio Association of Second Harvest Foodbanks

W-4 Bridges Out of Poverty (Repeat of W-2 morning session.)

Location: Jetter School of Business, Room 133

Based in part on Dr. Ruby Payne's *A Framework for Understanding Poverty*, *Bridges Out of Poverty* reaches out to the millions of service providers and businesses whose daily work connects them with the lives of people in poverty. This abbreviated presentation of *Bridges Out of Poverty* will encourage participants to acknowledge and explore their mental model of poverty and understand how it influences daily living and work. Participants will examine existing research about poverty and hidden rules of those living in poverty. **Zach Reat, Central Ohio Regional Coordinator,**
Ohio Association of Second Harvest Foodbanks

Thursday, June 17, 2010

Registration: 8-9 A.M. - Location: Jetter School of Business, Room 133
(Continental Breakfast Provided)

OPENING SESSION 9:00 - 10:15 A.M.**Resiliency and Children's Mental Health: Utilizing Youth and Family Insights to Inform Policy and Practice**

Participants will learn key concepts which youth and families believe are foundational for a resiliency-oriented system of care. Policy and practice recommendations for a resiliency-oriented mental health care system for agencies, schools, and communities will be shared. The video "Youth and

Family Insights on Resiliency" from Resiliency Leadership Ohio will be shown.

Terre Garner, Executive Director, The Ohio Federation for Children's Mental Health

Rick Shepler, Ph.D., PCC-S, Center for Innovative Practice (CIP) at the Institute for the Study and Prevention of Violence, Kent State University

MORNING SESSION 10:30 A.M.-12:30 P.M. - CHOOSE ONE**H-1 What Will They Think of Next? Current Trends in Teen Drug Abuse in Knox County**

A review of the drugs that are currently the most abused by adolescents in Knox County, including signs to watch for and ways to address drug use in the school setting. Discussion will also include exploring the role drug abuse plays in a teen's risky behavior choices.

Mary Samuel, LICDC, OCPsII, TTS, MEd
Alcohol and Drug FREEDOM CENTER of Knox County

H-2 Partnering with Families: Honoring Youth and Family Voices

The session will present the importance of partnering with families and the value of listening to the expertise of youth and families. Participants will learn System of Care principles that support the decision-making role for families and how to facilitate empowerment and equal partnerships with youth.

Terre Garner, Executive Director, The Ohio Federation for Children's Mental Health
Rick Shepler, Ph.D., PCC-S, Center for Innovative Practice (CIP) at the Institute for the Study and Prevention of Violence, Kent State University

H-3 Ohio's Quality and Effective Practice Registry for School Success

The Ohio Quality and Effective Practice Registry highlights the partnerships which successfully address academic and/or social and emotional needs of students. Two effective practice models that can guide

school improvement and address community mental health coordination will be presented.

David Hussey, Ph.D., College of Public Health,
Kent State University

Michele Timmons, MAEd., Care Team Collaborative,
a division of Muskingum Valley ESC

Amy Wilms, Center for School Based Mental Health Programs, Miami University

Kathy Oberlin, Ohio Mental Health Network for School Success

H-4 Gang Identification and Information

Learn to recognize gang members by their clothing, hand signs, and tattoos, as well as understanding the gang member's mentality, values, beliefs, and reasoning for joining the gang. The session will also discuss a gang member's level of involvement and potential for being directed away from the gang lifestyle.

Sam Wade, Assistant Professor Criminal Justice,
North Central State College

H-5 Media Literacy: Challenging Negative Messages and Images

Participants will learn how media literacy teaches critical thinking skills to help youth examine negative messages and images about violence and gender roles in the media. Methodology from the New Mexico Media Literacy Project will be presented, as well as the evaluation results from implementing the program in Knox County Schools. **Jamie Smith, DELTA Coordinator, New Directions: The Domestic Abuse Shelter of Knox County**

BUFFET IN CAMPUS CENTER 12:30 - 1:30 P.M.**AFTERNOON SESSION 1:30 - 3:30 P.M. - CHOOSE ONE****H-6 Cult Identification and Information**

What is a cult? How are cults related to various non-traditional religions? These questions will be examined in this session. Participants will also learn to recognize cult affiliation based on identifying characteristics, such as regalia, statements, and ritualistic articles.

Sam Wade, Assistant Professor Criminal Justice,
North Central State College

H-7 Creating a Culture of Care: Working with Abused and Neglected Children

The effects of abuse and neglect can have profound effects upon the developing child. Unfortunately, systems working with such children often replicate these experiences. Learn about the costs of trauma to society and the impact of working with traumatized children on staff and agencies. Effective interventions for working with traumatized children and to minimize the impact on staff will be discussed.

Dave Paxton, LISW-S, Regional Director,
The Village Network

H-8 Integrated Co-Occurring Treatment for Youth (ICT) with Mental Health and Substance Use Disorders

ICT, a promising treatment for high-risk adolescents with both substance abuse and mental health disorders, utilizes an integrated treatment approach, embedded in an intensive home-based method of service delivery.

Learn the core components of the ICT model, the multi-dimensional aspect of assessment and intervention, and the impact of co-occurring disorders on both the youth and the family

Rick Shepler, Ph.D., PCC-S, Center for Innovative Practice (CIP) at the Institute for the Study and Prevention of Violence, Kent State University

H-9 Here's How We See It: The Life of Teens from Their Point of View

Discussion with a panel of teens on the relevant issues of growing up in Knox County. Topics will include dealing with substance abuse and mental illness, school stress, peer pressure, and just getting through a day at school. The teens will share what resources they think they have and what teachers can do to help. Please share your questions in advance for the panel by sending the question in an e-mail to MaryS@adfc-knox.org.

Mary Samuel, LICDC, OCPsII, TTS, MEd, Alcohol and Drug FREEDOM CENTER of Knox County

H-10 Interventions with Appalachian Populations

Learn about the characteristics of Appalachian people (adult men and women, as well as children), the basic myths and misconceptions about the culture, and techniques that work well with Appalachian people.

Frances Deutsche, LISW, Directions for Youth and Families