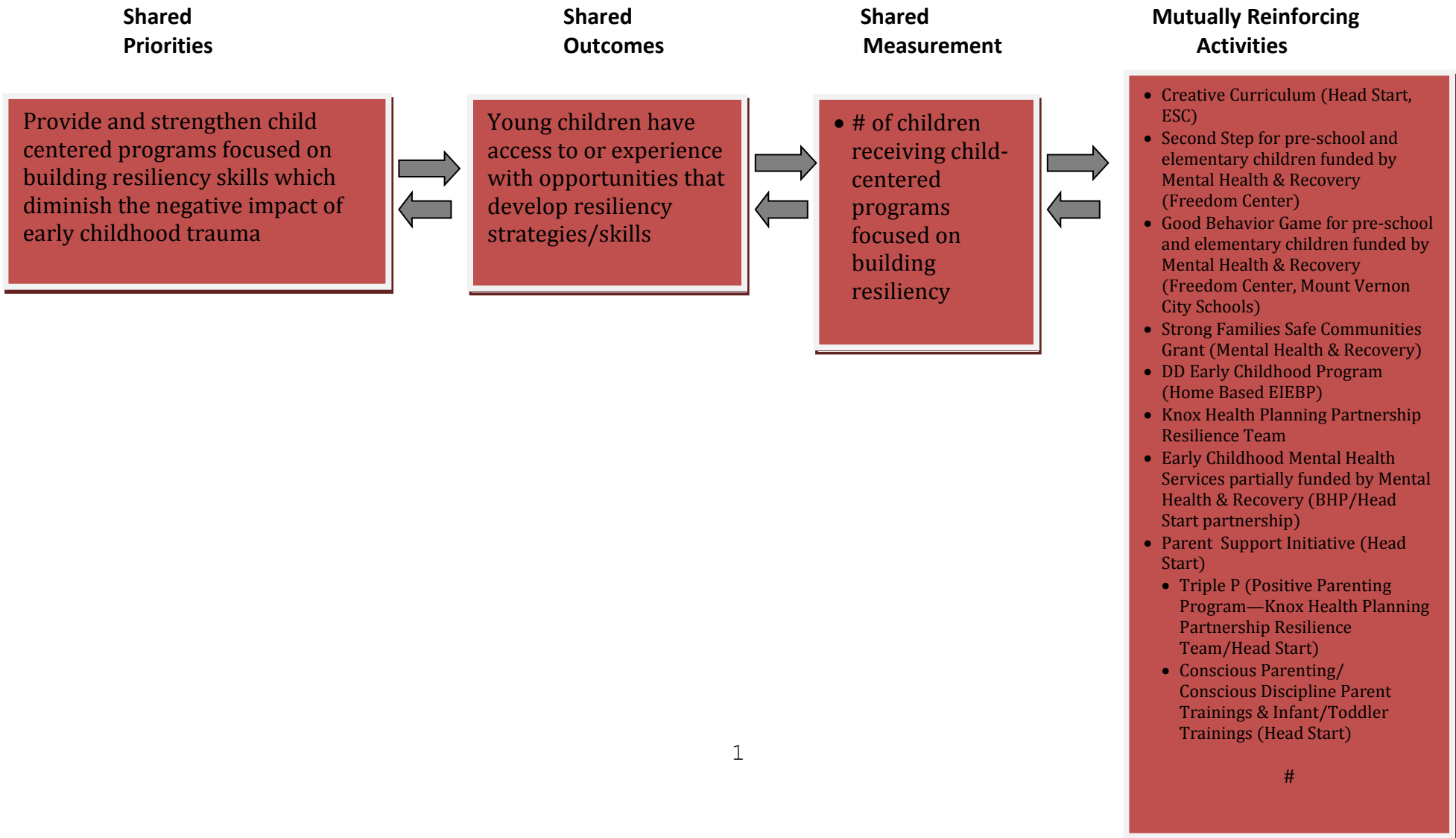


Knox County Family and Children First Council Shared Plan for SFYs 17-19

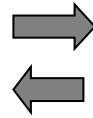
Update for SFY19

Current FCFC Initiatives: Help Me Grow, Dolly Parton’s Imagination Library, Ohio Children’s Trust Fund, Early Childhood Coordinating Committee and its subcommittees, Community Team, Pooled Funding Committee, and System of Care



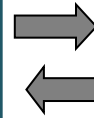
**Shared
Priorities**

Promote healthy parent/child interaction through parenting education and/or activities which support positive development and school success



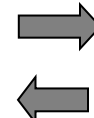
**Shared
Outcomes**

The number of parents/caregivers who have knowledge of age-appropriate child development and develop skills to support their child's learning and development increases.



**Shared
Measurement**

• # of parents/family members who receive parenting training



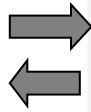
**Mutually Reinforcing
Activities**

- Parenting Education for families who have open cases with Children Services
- Help Me Grow Parenting Education through Home Visiting & Healthy Families America
- Born Learning Campaign
- DD Early Childhood Program/IFSP,RBI,PLAY Project and development team
- UCLA Health Care Institute Training for Health Literacy & Sun Safety Training
- Early Head Start Program/Parents as Teacher
- Thinking for Change
- Parent Project funded by Mental Health & Recovery
- Active Parenting of Teens
- Knox Health Planning Partnership Resilience Team
- Parent Support Initiative (Head Start)
 - Triple P (Positive Parenting Program—Knox Health Planning Partnership Resilience Team/Head Start)
 - Conscious Parenting/Conscious Discipline Parent Trainings & Infant/Toddler Trainings (Head Start)

#

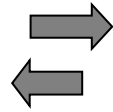
Shared Priorities

Support community wide initiatives to develop a trauma informed community targeting organizations which serve children and their caregivers



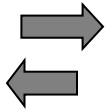
Shared Outcomes

Service providers adopt and apply trauma informed practices



Shared Measurement

- # of trained providers
- # of organizations signing a cooperative agreement to embrace trauma informed practices

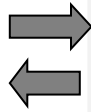


Mutually Reinforcing Activities

- Second Step for pre-school and elementary children funded by Mental Health & Recovery (Freedom Center)
 - The Village Network Programs: Collaborative Problem Solving & Neurosequential Model of Therapeutics (NMT)
 - Early Childhood Mental Health Services partially funded by Mental Health & Recovery (BHP/Head Start partnership)
 - Mental Health First Aide (Mental Health & Recovery)
 - Strong Families Safe Communities Grant (Mental Health & Recovery)
 - Ohio's Domestic Violence Network Programs: Trauma Informed Care, Best Practices and Protocols (New Directions)
 - Ohio Alliance to End Sexual Violence: Core Standards for Rape Crisis Programs in Ohio (New Directions)
 - Freedom Center: Trauma informed curricula in treatment programs for Women and Adolescents
 - Freedom Center: Trauma informed content in parenting programs
 - Freedom Center: Knox Addiction Conference--Recovery Matters
- Continued

Shared Priorities

Support community wide initiatives to develop a trauma informed community targeting organizations which serve children and their caregivers



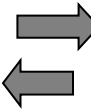
Shared Outcomes

Service providers adopt and apply trauma informed practices



Shared Measurement

- # of trained providers
- # of organizations signing a cooperative agreement to embrace trauma informed practices



Mutually Reinforcing Activities Continued

- Freedom Center: PAX Training
 - Behavioral Healthcare Partners: Trauma Informed Care Learning Community
 - Knox County Certified Special Docket Juvenile Drug Court Case Manager funded jointly by United Way and Mental Health & Recovery
 - Knox County Certified Juvenile Special Docket Mental Health Juvenile Court
 - ENGAGE practices
 - 211 Pathways
 - Knox Health Planning Partnership Resilience Team
 - Parent Support Initiative (Head Start)
 - Triple P (Positive Parenting Program—Knox Health Planning Partnership Resilience Team/Head Start)
 - Conscious Parenting/Conscious Discipline Parent Trainings & Infant/Toddler Trainings (Head Start)
- #

Were there any modifications from last year's plan? Yes No XXX

If yes, please identify the types of changes made by checking the appropriate boxes below:

Priorities

Outcomes

Indicators

Strategies

1. Identify any barriers in implementing the plan (i.e. data collection, data tracking, funding, infrastructure, etc.)
There were no barriers to implementing programs.
2. Identify any successes/how implementing this plan has worked to strengthen the council and county collaboration.
Collaboration across the County continues to increase with the implementation of parenting training. The Mental Health & Recovery Board of Licking and Knox Counties provided funding to Knox County Head Start to continue offering the Active Parenting of Teens training.
This plan is closely tied to the efforts of the Knox County Planning Partnership Resilience Team. The membership of the Planning Partnership extends beyond the Knox County Full Council. As such, the county efforts compliment and extend beyond Council. Through the work of the Knox County Planning Partnership Resilience Team with Knox County Head Start as the lead organization in this effort, the County received a five-year grant of \$602,000 from the Ariel Foundation to offer Triple P (Positive Parenting Program) county-wide, thus increasing our efforts to bring quality parenting programs to the County. County agencies are providing matching funds are required by the grant. We are in the second year of the five-year grant.

Report on Indicator Data (Provide data for each outcome indicator listed on the Shared Plan. List only ONE outcome per page. This page can be duplicated as needed).

Shared Outcome: Young children access opportunities to develop resilience strategies.

Shared Measurement Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
# of children receiving child-centered programs focused on building resiliency	Data: 704 (454 Second Step; 250 Good Behavior Game) Year of Data: SFY16	Data: 6471 (1325 ND, 1100 Second Step FC; 151 Good Behavior Game FC; 909 Too Good for Drugs FC; 335 Word of Mouth FC; 2651 MVCS) Year of Data: SFY18	+
# of new elementary schools in the county participating in the Good Behavior Game	Data: 3 Year of Data: SFY16	Data: 151 students new to the program in 9 pre/elementary schools Year of Data: SFY18	+
# of classrooms in the county participating in the Good Behavior Game	Data: 12 Year of Data: SFY16	Data: 28 Classrooms Year of Data: SFY18	+
# of preschools and elementary school in the county participating in Second Step	Data: 6 Year of Data: SFY16	Data: 23 Year of Data: SFY18	+

1. List the data source(s) for the indicator(s):

Freedom Center (Second Step: Served 1100 students new to the program in 24 classrooms in 3 elementary schools—one in each of 3 different school districts, and 13 Preschools—Mount Vernon ESC (8 classrooms), New Hope EEC (1), Centerburg ESC (4), Centerburg HS (1), Northgate HS (1), Fredericktown ESC (2), Fredericktown HS (1), KCCC (2), Danville HS (1), Danville ESC (2), Gambier HS (2), Kid’s Garden(2), YMCA (2) and YMCA YABCs (1).

Freedom Center (Good Behavior Game: Served approximately 151 students new to the program in 9 pre/elementary schools.)

Freedom Center (Too Good for Drugs: Served 909 students)

Freedom Center (Word of Mouth: Served 335 students)

Freedom Center and the Ohio Cures Grant (A total of 68 teachers were trained in FY18: Last July and August 2017, 54 Knox County teachers were trained in the Good Behavior Game through the Ohio Cures Grant. In March 2018, 14 teachers were trained through the Freedom Center sponsored event.)

New Directions (1325 students participated in one or more of these programs: Pre-Child Assault Prevention – preschool and kindergarten; Child Assault Prevention – 1st and 2nd grades; Yes, You Can Say No – (child sexual assault prevention) – 3rd grade; Respecting Each Other (bullying and sexual harassment prevention) – 4th and 5th grades; Flirting or Hurting (sexual harassment prevention) – 6th and 7th grades; Safe Dates (teen dating violence and sexual assault prevention) – 8th, 9th and 10th grades; and Media Literacy – 6th through 12th grades)

Mount Vernon City Schools (Second Step: Served 2651 students in 7 schools, K-8 grades)

2. Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):

The number of children served in child-centered programs more than doubled from 1060 students in SFY17 to 3820 students in SFY18.

(This increase comes from the Second Step and Too Good for Drugs programs and the various New Directions programs.

The number of students new to the Second Step program increased by almost four times from 284 students in SFY17 to 1100 students in SFY18.

The number of students served in the Too Good for Drugs program increased by almost 2-1/2 from 366 students in SFY17 to 909 students in SFY18.

The number of students served in the Word of Mouth program increased by more than 3 times from 102 students in SFY17 to 335 students in SFY18.

Through the Freedom Center and the Ohio Cures Grant, a total of 68 teachers were trained in the Good Behavior Game in FY18. Last July and August 2017, 54 Knox County teachers were trained in the Good Behavior Game through the Ohio Cures Grant. In March 2018, 14 teachers were trained through the Freedom Center sponsored event. The Freedom Center, however, is not aware if all teachers are implementing to fidelity in the classrooms as the Freedom Center was unable to observe in all classrooms.

Report on Indicator Data (Provide data for each outcome indicator listed on the Shared Plan. List only ONE outcome per page. This page can be duplicated as needed).

Shared Outcome: The number of parents/caregivers who have knowledge of age-appropriate child development to support their child’s learning and development increases.

Shared Measurement Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
# of parents/family members who receive parenting training	Data: 450 (280 parents and community members were trained thru HS; 75 FC parents; 95 ESC There may be overlap if parents attended multiple trainings.) Year of Data: SFY16	Data: 1370 (190 parents and community members were trained thru HS and 306 received Triple P trainings/ consultations; 57 FC/TVN; 62 ND; 60 MVCS; 100 ESC; 571 KSAAT; 24 KSAAT/ND There may be overlap if parents attended multiple trainings.) Year of Data: SFY18	+

1. List the data source(s) for the indicator(s):

Knox County Head Start (The Parent Support Initiative under lead agency Knox County Head Start offered 496 parent trainings/consultations: 12 Knox County Head Start Parent Trainings were offered to 190 community parents/caregivers from 7/1/2017 to 6/30/18: 65 received Conscious Discipline (CD), 62 infant/toddler and Healthy Relationships parent training; 33 UCLA Health Institute; 24 UCLA Sun Safety Training and 6 Active Parenting Teens. 306 parents received Triple P parent training/consultations through accredited providers in Knox County. Seminar Series-35, Primary Care-206, Discussion Groups-37 and Parent Round Tables-28. There may be overlap if the parent attended multiple trainings.)

New Directions (10 parents and 43 students in Knox County Career Center early childhood classes were trained through Stewards of Children. 9 parents and 8 girls went through a ROX training. The 8 girls are not included in the numbers above.)

The Village Network and Freedom Center (Together they served 49 parents through the Parent Project and 8 through Loving Solutions.)
Pathways of Central Ohio (No parents were trained in FY18.)

Mount Vernon City Schools (40 in Child Character and Leadership Development at Columbia, 20 Suicide Awareness at the High School)
Help Me Grow and Early Intervention (All parenting participants are captured in the Triple P numbers offered through Head Start.)

Knox County Board of Developmental Disabilities (All parenting participants are captured in the Triple P numbers offered through Head Start.)

United Way of Knox County (United Way funded parent trainings offered by Head Start.)

The Juvenile Court did not provide direct training of parents.

Educational Service Center (Provided one parent trainings for 100 parents)

KSAAT (Hidden in Plain Site: Served 571 parents and/or adults, which includes 60 parents served through Mount Vernon City Schools--30 at Columbia and 30 at Dan Emmett)

KSAAT and New Directions (Teens and Technology: Served 24 parents and/or adults through this awareness program regarding social media platforms)

2. Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):

Through the work of the Knox County Planning Partnership Resilience Team with Knox County Head Start as the lead organization in this effort, the County received a five-year grant of \$602,000 from the Ariel Foundation to offer Triple P (Positive Parenting Program) county-wide. County agencies are providing matching funds are required by the grant. We are in the second year of the five-year grant. The significant increase in the number of parents/family members receiving parent trainings from 419 in SFY17 to 843 in SFY18 is due in part to the introduction of Triple P to Knox County through this grant.

The Parent Support Initiative (PSI), under lead agency Knox County Head Start, provides parent education and support utilizing Triple P (Positive Parenting Program), Conscious Discipline for Parents and Active Parenting Teens. The Triple P (Positive Parenting Program) is a multilevel suite of parenting and family support strategies for families with children from age 1 to 16. It is an evidence based program designed to prevent social, emotional, behavioral, and developmental problems in children by enhancing their parents' knowledge, skills, and confidence. Between July 1, 2017 and June 30, 2018 the PSI has trained 41 Triple P Practitioners, from 15 different Knox County agencies/organizations in Levels 2-5 of Triple P. (Some providers are trained in more than one level of Triple P.) Level 2 Seminar Series and Level 3 Primary Care providers were trained in July of 2017. Level 4 Group and Level 3 Discussion Groups (0-12 years old) providers were trained in January of 2018. Level 5 Pathways providers were trained in April of 2018. Level 4 Teen Group Triple P and Level 3 Teen Discussion Groups providers were trained in June of 2018. Using the triad of parent education curricula the PSI provided 496 parent education session to parents between July 1, 2017 and June 30, 2018. (There may be overlap if the parent attended multiple levels/trainings.)

Report on Indicator Data (Provide data for each outcome indicator listed on the Shared Plan. List only ONE outcome per page. This page can be duplicated as needed).

Shared Outcome: Service providers adopt and apply trauma informed practices.

Shared Measurement Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
# of Agencies that sign an MOU Collaborative Agreement	Data: 0 Year of Data: SFY16	Data: 0 Year of Data: SFY18	NC
# of Trainings/Workshops offered to county professionals	Data: 4 Year of Data: SFY16	Data: 12 Year of Data: SFY18	+

1. List the data source(s) for the indicator(s):

Sponsored trainings offered to county professionals:

Freedom Center (Offered 2 trainings: Knox Addiction Conference and PAX Training)

Knox County Planning Partnership (KCPP) Resilience Team (9 viewings with discussion of the film Resilience)

Trauma Informed Supervision Training (1 training of 53 participants sponsored by The Village Network in collaboration with the Knox County Family and Children First Council and the Knox Health Planning Partnership (KHPP) Resilience Team)

2. Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):

At this time, the County efforts are not focused on creating Memorandum of Agreement (MOU) Collaborative Agreements, but rather efforts are focused on establishing baseline data related to trauma-informed care for the county.

The Knox Health Planning Partnership (KHPP) Resilience Team is the lead organization for this effort. Through their work, a number of Knox County agencies are actively engaged in a variety of steps toward becoming more trauma-informed. One initiative has been the administration of the ARTIC (Attitudes Regarding Trauma Informed Care) Survey. Seven Knox County organizations administered this survey to their staff during spring 2017 with 238 staff in these agencies completing the survey. This survey enables the individual organizations and the county to establish baseline data related to trauma-informed care. The survey assesses staff attitudes toward clients/students and the extent to which staff are likely to respond to their clients/students based on an understanding of trauma and its impact. The survey also assesses the extent to which staff perceive that their work environment is trauma-informed, supporting staff

who typically experience secondary trauma as part of their work. We anticipate that the ARTIC Survey can be administered periodically in the future and serve as a means of tracking progress within agencies and countywide toward becoming more trauma-informed, both within organizations and in relation to serving consumers and students.

As a result, data from the ARTIC surveys was analyzed to assess the extent to which trauma-informed practices are present throughout the county. Each agency received a summary report of their data. Two agencies (Knox County Head Start and Mental Health & Recovery) are using their respective data to assess training or workforce development needs for their staff. It will be used to identify and implement steps that would engage additional Knox County agencies or which support agencies in developing internal plans for strengthening their trauma-informed practices. Organizations which participated in the ARTIC Survey administration were Knox Board of Developmental Disabilities, Knox County Head Start, Knox County Health Department, Behavioral Healthcare Partners, The Main Place, Freedom Center, and New Directions Domestic Abuse Shelter.

The film *Resilience* was viewed by approximately 487 community members at nine viewings. Each viewing was followed by a discussion and/or panel.

As a follow-up to the film *Resilience*, Trauma Informed Supervision Training was offered to 53 participants in one training sponsored by The Village Network in collaboration with the Knox County Family and Children First Council and the Knox County Planning Partnership (KCPP) Resilience Team.

Beginning September 2018, Resilience Team is planning a series of community-wide showings of the *Resilience* film followed by a series of trauma informed trainings. The series, related to Dr. Perry 6Rs, includes using movements to heal trauma, which are relational, repetitive, rhythmic, relevant, rewarding, and respectful. Participation in the first of the series on Safe Relationships is mandatory for participation in the other topics in the series. As such, the *Resilience* film and the Safe Relationships workshop will be offered multiple times in the fall.

Also in September, the Knox County Commissioners in conjunction with Department of Job and Family Services and the Resilience Team are sponsoring 2 showings of the *Resilience* film for county and city employees.

In addition, through the Freedom Center and the Ohio Cures Grant, a total of 68 teachers were trained in the Good Behavior Game in FY18. Last July and August 2017, 54 Knox County teachers were trained in the Good Behavior Game through the Ohio Cures Grant. In March 2018, 14 teachers were trained through the Freedom Center sponsored event. The Freedom Center, however, is not aware if all teachers are implementing to fidelity in the classrooms as the Freedom Center was unable to observe in all classrooms.